

# Meyer Clinic of Chiropractic Patient Update Form

## PERSONAL INFORMATION

PLEASE PRINT

First Name: \_\_\_\_\_ M.I. \_\_\_\_\_ Last Name: \_\_\_\_\_ Preferred Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Gender:  Male  Female  Unspecified SSN: \_\_\_\_/\_\_\_\_/\_\_\_\_

Primary Phone: \_\_\_\_\_ Place of work: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Home Email: \_\_\_\_\_ Work Email: \_\_\_\_\_

*By providing my email address, I authorize my doctor to contact me via the email address(es) provided.*

Which email would you like us to use to communicate with you? (check one)  Home  Work

Contact Method: (check one)  Primary Phone  Cell Phone  Work Phone  Home Email  Work Email

Emergency Contact: (Name, Relationship, Phone#) \_\_\_\_\_

## INSURANCE OR PRIVATE PAY INFORMATION

*Please provide insurance card(s) to receptionist.*

Type of Insurance:  Private Ins.  Medicare  Auto Ins.  Worker's Comp  Other \_\_\_\_\_

Primary Insurance Carrier: \_\_\_\_\_ Phone: \_\_\_\_\_

Policy# \_\_\_\_\_ Group # \_\_\_\_\_ Claim# \_\_\_\_\_

Name of Policy Holder: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

Policy Holder's Birthdate : \_\_\_\_/\_\_\_\_/\_\_\_\_ Policy Holder's SSN: \_\_\_\_/\_\_\_\_/\_\_\_\_ Employer: \_\_\_\_\_

Is patient covered by another insurance?  Yes  No Secondary Insurance Carrier: \_\_\_\_\_ Policy #: \_\_\_\_\_

### ASSIGNMENT/AUTHORIZATION/RELEASE:

I certify that I, and/or my dependents, have insurance with the above named insurance company(s) and assign directly to Meyer Clinic of Chiropractic of Dubuque Ia, all benefits, if any, otherwise payable to me for services rendered. I authorize the use of my signature on all insurance submissions. I understand that "co pays" are payable at the time of each visit and that I am financially responsible for all charges whether or not paid by insurance. The above named provider's office may use my health care information and may disclose such information to the above named insurance company(s) and their agents for the purpose of obtaining payment for services and determining benefits payable for related services.

**Private Pay/Cash:** By checking this box, I acknowledge that I do not have insurance and understand that I am financially responsible for all services at the time they are rendered. Name of person responsible for this account: \_\_\_\_\_

\_\_\_\_\_ DATE: \_\_\_\_\_

Signature of Patient, Parent or Legal Guardian (if minor)

## REASON FOR VISIT

What is the reason for your visit today?  Headache  Neck Pain  Mid-Back Pain  Low Back Pain  Other \_\_\_\_\_

What caused this complaint(s)?  
\_\_\_\_\_  
\_\_\_\_\_

When did this complaint begin? \_\_\_\_/\_\_\_\_/\_\_\_\_ Is it getting worse?  Yes  No  Constant  Comes and goes

Have you had this or similar complaint in the past?  Yes  No If "Yes", when? \_\_\_\_\_

What does your complaint (s) feel like? **Circle all that apply:** Sharp / Dull / Sore / Stiff / Tight / Aching / Spasms / Throbbing / Stabbing / Shooting / Burning / Cramping / Nagging / Tingling / Numbness / Other \_\_\_\_\_

On the scale below, please circle the severity of your main complaint right now:

No Pain

Moderate Pain

Worst Possible Pain

0	1	2	3	4	5	6	7	8	9	10
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## HEALTH HISTORY

Please check <b>ALL</b> of the health conditions below that apply to <b>you</b> currently or in the past.		<b>Family History</b>		Relationship:		
		Mark <b>ALL</b> conditions that run in your family (Father, Mother, Sister, Brother)				
<input type="checkbox"/>	Osteoarthritis/Degenerative Joint Disease	<input type="checkbox"/>	Whiplash Injury <i>Date of injury:</i>	<input type="checkbox"/>	Cancer <i>Type:</i>	
<input type="checkbox"/>	Asthma	<input type="checkbox"/>	Headaches	<input type="checkbox"/>	Anemia	
<input type="checkbox"/>	Diabetes <input type="checkbox"/> Type I <input type="checkbox"/> Type II Was your blood/lab work test for hemoglobin A1c > 9.0%? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not Sure	<input type="checkbox"/>	Joint Pain ( <u>circle</u> location of pain): Shoulder, Elbow, Hip, Knee, Ankle Other: _____	<input type="checkbox"/>	Diabetes (check one) <input type="checkbox"/> Type I <input type="checkbox"/> Type II	
<input type="checkbox"/>	Anemia	<input type="checkbox"/>	Migraines	<input type="checkbox"/>	Heart Problems / Stroke	
<input type="checkbox"/>	Cancer/Tumor	<input type="checkbox"/>	Osteoporosis /Osteopenia	<input type="checkbox"/>	High Blood Pressure	
<input type="checkbox"/>	Rheumatoid Arthritis	<input type="checkbox"/>	Epilepsy / Seizures	<input type="checkbox"/>	Genetic Disorders	
<input type="checkbox"/>	Depression/ Anxiety	<input type="checkbox"/>	Fibromyalgia / Chronic Fatigue	<input type="checkbox"/>	Rheumatoid Arthritis	
<input type="checkbox"/>	Disc Herniation	<input type="checkbox"/>	Genetic Disorders	<input type="checkbox"/>	Other (List):	
<input type="checkbox"/>	High Blood Pressure /Hypertension	<input type="checkbox"/>	Please list any other medical conditions:			
<input type="checkbox"/>	Heart Disease / Stroke					

**FRACTURES (Broken Bones, Sprains, Strains, Major Trauma/Injury (List and Date:)**

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**SURGERIES and/or HOSPITALIZATIONS (List and Date):**

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**Have you had an X-ray or CT scan or MRI of your low back spine in the past 28 days?**  Yes  No

**List current prescription medications, including frequency and dosage if known. If there are NO current medications, check here**

Name of prescription medication	Dosage/Start date	4.	
1.		5.	
2.		6.	
3.		7.	

**List any know allergies you have had to prescription medications. If NO medication allergies are known, check here**

1. \_\_\_\_\_ 2. \_\_\_\_\_

## SOCIAL HISTORY

<b>Do you exercise?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No <b>Times per week?</b>		<b>Intensity?</b> <input type="checkbox"/> Light <input type="checkbox"/> Moderate <input type="checkbox"/> Strenuous <b>Type?:</b>	
<b>Do you currently smoke tobacco of any kind?</b> <input type="checkbox"/> Yes <input type="checkbox"/> Former smoker <input type="checkbox"/> Never been a smoker			
If "Yes", how often do you smoke: <input type="checkbox"/> Current every day smoker <input type="checkbox"/> Current sometimes smoker			<b>Circle level below ↓:</b>
If "Yes", what is your level of interest in quitting smoking? ( 0 = NO interest, 10=very interested)			<b>0 1 2 3 4 5 6 7 8 9 10</b>

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

To the patient: Please read this entire document prior to signing it. It is important that you understand the information contained in this document. Please ask questions before you sign if there is anything that is unclear.

**The nature of the chiropractic adjustment:**

The primary treatment I use as a Doctor of Chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may use my hands or a mechanical instrument upon your body in such a way as to move your joints. This may cause an audible "pop" or "click," much as you have experienced when you "crack" your knuckles. You may feel a sense of movement.

**Analysis / Examination / Treatment**

As part of the analysis, examination, and treatment, you are consenting to the following procedures:

- spinal manipulative therapy
- orthopedic testing
- EMS
- Other (please explain) \_\_\_\_\_
- palpation
- basic neurological testing
- ultrasound
- vital signs
- muscle strength testing
- hot/cold therapy
- range of motion testing
- postural analysis
- radiographic studies

**The material risks inherent in chiropractic adjustment.**

As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatments. I will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to my attention, it is your responsibility to inform me.

**The probability of those risks occurring.**

Fractures are rare occurrences and generally result from some underlying weakness of the bone which I check for during the taking of your history and during examination and X-ray. Stroke has been the subject of tremendous disagreement. The incidences of stroke are exceedingly rare and are estimated to occur between one in one million and one in five million cervical adjustments. The other complications are also generally described as rare.

**The availability and nature of other treatment options.**

Other treatment options for your condition may include:

- 1-Self-administered, over-the-counter analgesics and rest
- 2-Medical care and prescription drugs such as anti-inflammatory, muscle relaxants and pain killers
- 3-Hospitalization
- 4-Surgery

If you chose to use one of the above noted "other treatment" options, you should be aware that there are risks and benefits of such options and you may wish to discuss these with your primary medical physician.

**The risks and dangers attendant to remaining untreated.**

Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.

DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE. PLEASE CHECK THE APPROPRIATE "BOX" AND SIGN BELOW:

I have read  or have had read to me  the above explanation of the chiropractic adjustment and related treatment. I have discussed it with the Doctor of Chiropractic at Meyer Clinic of Chiropractic and have had my questions answered to my satisfaction. I certify that the information I have provided is correct to the best of my knowledge. I will not hold my doctor or any staff member at Meyer Clinic of Chiropractic responsible for any errors or omissions that I may have made in the completion of this form. By signing below, I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.

Dated: \_\_\_\_\_

Dated: \_\_\_\_\_

\_\_\_\_\_  
Patient's Name (Please print)

\_\_\_\_\_  
Doctor's Name (Please print)

\_\_\_\_\_  
Signature of Patient, Parent or Legal Guardian (if a minor)

\_\_\_\_\_  
Doctor's Signature